



SIMPLY PLACED

January 2014

Where Will Simply Placed Be?

What: How to Declutter Big Spaces Webinar

Where: The comfort of your home

When: January 15th 10:00 am - 11:00 am PST

Join us and learn the inside secret to taking control of your big spaces!

This 45 minute webinar will save you hours of decluttering time and help you regain the use of these neglected spaces.

The webinar is limited to 100 participants, so [register now!](#)

What: Get Organized Presentation to Moms

Where: Snoqualmie Valley Alliance
36017 SE Fish Hatchery Rd, Fall City, WA 98024

When: January 21st 10:00 am

Kelly Foster will be presenting our Get Organized seminar and providing an overview of organizing principles and best practices to get you started and keep you going. For more information or to register visit the [Moms community group website](#).

Featured Organizer

Kelly Foster



Kelly Foster has passion and expertise for helping people set and reach their goals. She has a history of working with professionals in a variety of industries to help them realize more effective ways of working and living.

New Year - New Start

There's something about this time of the year. Whether it is because of the fresh start of a new calendar year or because the holidays are over and it's time to get back to a more normal routine, lots of people pick January to kick off organizing and productivity goals. If you're coming back from vacation, get tips for getting back to your routine and work in [Finding Your Routine after Vacation](#). Cleaning up after the holidays? Consider decluttering with a [Ten Minute Toss of Holiday Decor](#) or get some ideas from [After the Holidays Organizing Tips](#) and [Tips for Organizing and Using Gift Cards](#).

With a focus on New Year's resolutions, this month is also a useful time to reflect on the value of routines and to consider strategies for more effective goal-setting.

If you want to work more productively or maintain a decluttered living or workspace, you need useful routines to support your goals. Helping people establish reliable and repeatable routines that support behaviors associated with organized and productive outcomes is a key part of the work we do with clients. Here are some ideas for creating routines in your life designed to support your success at work and at home:

- Be clear about your goals for organization or productivity. Having clear goals will help you identify where and when you need routines to support your success. Having clarity about your goals will also serve as motivation to do the work of establishing a new routine .
- Before creating a new routine, reflect on the ones already in your life. Often we are unconscious of routines in our lives. Get familiar with how you move through your day. It's easier to improve existing routines rather than start completely new ones.
- Tie new habits to existing ones. It's easier to add a new behavior to an existing routine because the existing routine is something you're already doing and serves as a cue to do the new thing.

Need help with goal-setting? Read our series on ways to set better goals that are meaningful and achievable.

- [Reward Yourself](#)
- [Visualize](#)
- [Focus](#)
- [Share](#)
- [Stay Positive](#)
- [Make it SMART](#)

Setting new goals and establishing new routines is hard work. It is helpful to get support when you set off on a new path. Read more about getting support in [Find a Mentor or contact Simply Placed](#) and allow

As a professional organizer and work productivity consultant Kelly values working without judgment to understand each client's unique needs and then working collaboratively to come up with creative, achievable and sustainable solutions. It is her primary desire to help clients define and achieve a level and means of organization that makes sense to them so that they can have the time, energy and focus to live, work and play in the best way possible.

Kelly has a Masters of Science in Organizational Development and Knowledge Management from George Mason University. She lives in Kirkland with her husband, two children and their dog Otis. In her spare time, Kelly enjoys reading, hiking, snowshoeing and playing word games.

Organize Your Business
Want to help your company or organization have a strong start in the new year? We have a host of topics to benefit your employees or members. [Contact us today](#) to find out how we can customize an offering

to best suit your needs. Join the ranks of successful companies like Microsoft, Comcast, Costco and the Seattle Seahawks/Sounders FC who have done just that. We look forward to working with you.

Chat With Us!

Would you like access to regular tips on organization and productivity? Visit our [Facebook Page](#) and subscribe by clicking "like" to receive regular tips! You can also follow us on [Twitter](#), or subscribe to the [RSS Feed](#) for our Blog. Either way, we look forward to sharing information with you and hope you'll engage in the conversation. We love to hear from you!

!!! [Find a Mentor](#) or [Contact Simply Placed](#) and allow us to help you accomplish your goals.

Do you have a topic or organizing question that you would like us to write about? We love to hear from you, so please [tell us](#) what you'd like to read.

Featured Product



De clutter Clinic

The De clutter Clinic

[The De clutter Clinic](#) is a four week guided Do-It-Yourself program to help you declutter your home. You will receive the complete, step-by-step guide to decluttering your home to create the freedom you desire. The full De clutter Clinic course includes: a full 4 week self-paced course, 16 step-by-step lessons, audio and written transcripts of every lesson, weekly instructional videos, checklists for each room, a garage sale checklist and a moving checklist.

We're supporters and affiliates of the course developers, Warren and Betsy Talbot, who decluttered their life so that they could realize their dream of travelling the world. We were honored to have been asked to provide input and feedback on their course and feel it is a valuable product for those who are self-motivated to declutter their home. Use it as a jump start to you organized life! Want to maximize your results and ensure you actually follow through? We're here for additional support and especially accountability if you feel you could benefit by a live organizer, coach or partner during the process.

[Check it out on our website](#) and invest (for an extremely reasonable rate!) in a path to a decluttered home!



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